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January 2013

SHINGI

Newsletter of the Tendai Buddhist Institute



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Jushoku's Meanderings

"You are an aperture through which the universe is looking at and exploring itself" Alan Wilson Watts.

[\(cont.\)](#)

January Events Calendar



Weekly Meditation Services (WMS) are on Wednesday evenings. They begin at 6pm with a discussion or talk (see below for this month's discussion topics). At about 7pm there is a meditation service, followed at 8pm by a potluck supper. All of Wednesday evening's events are open to the public. There is no fee, and reservations are not required.

January Wednesday Meditations and Discussions

Dec 31st - Jan 1 - Shogatsu (New Year's Celebration Service) - We start gathering at about 10:30 PM and begin the service at about 11:15 PM. We will meditate as the New Year begins and gather in the main house starting at about 12:30 AM for finger foods, drinks of choice, and conviviality. It is a great way to start the New Year.



Quicklinks
[About Us](#)

[Tendai International](#)

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Monshin Naamon](#)

[Contact Editor](#)

Our Other Sangha:

[Blue Mountain Sage
Sangha--Denver, CO](#)

[Celestial Drum
Sangha--Indian Lake,
NY](#)

[California Tendai
Buddhist Monastery](#)

[Tendai Denmark](#)

2 No Meditation Service this Wednesday - Join us for the New Year's Eve Service on Monday night.

9 Lotus Sutra Chapter 4: Willing Acceptance. This Chapter explores the relationship between the rational and faith. It should be an interesting discussion.

16 Koshin Leads the Discussion and Service this Evening - His discussion will be announced at a later date.

23 Why the Lotus Sutra? - On the Historic Significance of Tendai - by Whalen Lai. This informative article is located in the Japanese Journal of Religious Studies 198714/2-3. You should find it both interesting and informative. The link for the online journal and article is: <http://nirc.nanzan-u.ac.jp/nfile/2348>

30 Stump the Sensei - Q&A -This is your chance. Some people are shy about asking a certain question because they think, 'it's only interesting to me.' Chances are other people have the same question but are also too shy to ask. Come prepared with questions.

Other events in January:

5 Sutra Class and Morning Service, 8:30 - 10:30 AM - *Vajrachedika Prajnaparamita Sutra* (The Diamond Sutra). It is as one of the earliest Mahayana sutras and is considered by many scholars as foundational to subsequent Mahayana thought. Don't miss this enjoyable class. Please obtain the following book for this class - *The Diamond Sutra: transforming the way we perceive the world*, by Mu Soeng; Wisdom Publications (2000).

Upcoming Events

February

[Flowing Rivers](#)
[- Ottawa, Ontario,](#)
[Canada](#)

[Great River Ekayana](#)
[Sangha--Arlington,](#)
[VA](#)

[Nagado Sangha--](#)
[Springfield, MA](#)

[Nishi Sangha--](#)
[Albany, NY](#)

[Red Maple Sangha--](#)
[Renfrew, Ottawa,](#)
[Canada](#)

8-10 Winter Retreat - Tendai as 21st Century Buddhism

The Tendai school is a coherent philosophy , set of practices, and disciplines that dates from 9th century Japan that may well be the model for Western Buddhism. This retreat will explore the many facets of Tendai and how they relate to your life.

Notes:

Food Pantry at Jiunzan Tendai-ji - The need is much greater than the resources of the local food pantries, especially at this time of year. Please bring non-perishable food items to the Tendai Buddhist Institute on Wednesdays. We contribute these items to the Chatham Silent Food Pantry.

The Sangha needs people to volunteer to donate flowers for the upcoming year. Please sign up to be responsible to bring or pay for flowers for one month during 2013. The signup sheet is on the bulletin board in the kitchen. This is a wonderful way to share with your sangha.

2013 The Year of the Snake. Cosmic element of the year is Water which is characterized with mobility, dynamism, and changeability, and the corresponding colors are black, blue (light-blue), and green color.

The Black Snake will bring people unexpected changes, instability, and changeability; all things will be possible. That is why it is important in the year of Snake to plan everything beforehand, and evaluate adequately before taking any actions. You need to be more careful and cautious than ever.

Saving money and being thrifty should be your top priorities. Delusion and deception are common in the year of water Snake. Stay alert!



Meanderings (cont. from side bar at left)



Start the year with this simple contemplation. Do not waver. Hold this image steadily in your mind. It is not a puzzle to be solved, nor a phrase to be deconstructed. It is a humble gift for the New Year. No more need be said.

Akemashite omedetou gozaimasu - Happy New Year!

Gassho . . . Monshin

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The Third Jewel--Where sangha members share ideas, poetry, and art to enrich everyone's Buddhist practice.

WALK LIKE A MOUNTAIN ARRIVES
by Innen Ray Parchelo

Greetings Walking Friends,

I am delighted to announce that my new book, *Walk Like A Mountain: The Handbook of Buddhist Walking Practice* is now available. I am so happy to finally be able to share this with those of you have an interest in meditation, Buddhism and walking. *Walk Like A Mountain* is available in print (and in e-reader format soon). The print version retails for \$24.95

You have two choices for purchase.

One, through your favourite online retailer or bookstore;
Second, what I recommend, is directly from me.

Ordering directly gives you an author-signed copy (woo-hoo!)

and an inscribed message (if you wish). Since all profits go to support the mission of Tendai Canada, your purchase will help Buddhadharma in the West.

1. ORDERING

PRE-ORDER CUSTOMERS

If you jumped to the head of the line with a pre-order, Send me a confirmation e-mail and I'll put your copy in the mail.

ORDER AN AUTHOR-SIGNED COPY TODAY

If you would like an author-signed copy with a custom message, for yourself or as a gift, I will sign and ship the book to you.

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2. PURCHASE INSTRUCTIONS

After you send your e-mail confirming your order, send me a cheque or postal order, payable to Ray Parchelo, in the amount of \$27.00, which covers the shipping, (\$30 for orders shipped outside Canada). The mailing address is:

Ray Parchelo
9 Byers Road,
RR 6 RENFREW, ON
K7V 3Z9

If you want an expedited shipping add another \$5.00 to your payment. If you need to talk by phone, we are 613-433-9405

3. THE TRAIL CONTINUES

The release of Walk Like A Mountain is only the beginning. With it comes three other important initiatives:

Padakun

Watch for more announcements on Padakun, a new endeavour, whose purpose is to enhance your walking

experience.

The Walk Like A Mountain Blog

We've created this blog to support the book, extend its information and offer a community for contemplative walkers,

Visit the WLM Blog at:

<http://walklikeamountain.blogspot.ca/>

The Society for Walking as a Contemplative Activity (SAWACA)

As proposed in the book, SAWACA will become the sharing vehicle for all those interested in developing the study and practice of contemplative walking.

Visit the SAWACA blog at:

<http://society4walking.blogspot.ca/>

4. FOR MORE INFORMATION ON THE BOOK, including a sneak preview of the Preface, visit:

<http://www.realperson.com/TendaiCanada/padakun/walk-like-a-mountain-home.htm>

Thanks to everyone who provided so much support over the past 18 months. Your presence was invaluable in getting to print,

Innen Ray Parchelo

Questions? Comments? Suggestions? Contact . . .

Shingi Editor

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